



ALL NEW AND IN DATE PLEASE

Second hand toiletries and toys cannot be accepted due to Covid regulations

	Eastleigh Food Bank	Help the Homeless Southampton	Womans Refuge
<u>Food Items</u>			
Biscuits	✓		
Chocolate bars		✓	
Coffee	✓		
Crisps		✓	
Desserts (sponge puddings, jelly, Angel Delight etc)	✓		
Dried spaghetti	✓		
Jam, marmalade, honey, peanut butter etc.	✓		
Porridge	✓		
Rice	✓		
Squash & long life fruit juice	✓		
Sugar	✓	✓	
Tinned hot dogs		✓	
Tinned meat balls		✓	
Tinned potatoes	✓	✓	
Tinned vegetables (peas, sweetcorn, carrots etc.)	✓		
Uht milk		✓	
<u>Other Essentials</u>			
Hats, gloves & scarves		✓	
Femail Toiletries (General)			✓
Feminine hygiene (towels & tampons)	✓		
Hygiene gloves for serving		✓	
Loo rolls	✓		
Nappies - size 6	✓		
Shampoo	✓		
Toys			✓
Washing up liquid	✓		